

*Supervisor Auberger welcomes you to the...*

# CSC

*Friendship \* Family \* Fun  
for Everyone*



## *October 2011 Calendar and Events*

*Monday - Thursday 8:00 a.m. - 8:00 p.m.*

*Friday 8:00 a.m. - 5:00 p.m.*

*Saturday 8:00 a.m. - 1:00 p.m.*

*The Center will close at 4:00pm on Friday, October 7*

*Closing information is provided by calling the Town of Greece Activities Cancellation Line at 234-1117*

*3 Vince Tofany Blvd., Greece, New York 14612*

*(585) 723-2425 or [www.greecenyny.gov](http://www.greecenyny.gov)*



*Follow us on Facebook at [www.facebook.com/townofgreece](http://www.facebook.com/townofgreece)*

*Shannon J. O'Keefe  
Councilwoman  
1<sup>st</sup> Ward*

*Bob Bilsky  
Councilman  
2<sup>nd</sup> Ward*

*Andrew Conlon  
Councilman  
3<sup>rd</sup> Ward*

*Kirk Morris  
Councilman  
4<sup>th</sup> Ward*

**CSC Vision Statement:** The Greece Community & Senior Center stands to serve the multi-generational, social and recreational needs of our citizens with emphasis on the importance of our past, our present and our future, promoting unity and pride in our community.

**No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance, on the grounds of race, color, sex, religion, national origin, disability, or marital status.**

## **General Information, Membership and Fee Information**

Activities offered by the Town of Greece Community & Senior Center are funded by: The Town of Greece, NYS Office of Children and Family Services, NYS Office for the Aging, Monroe County Department of Human and Health Services, Rochester-Monroe County Youth Bureau, Monroe County Office for the Aging.

### **Community and Senior Center Membership:**

**GREECE RESIDENTS: NO FEE    NON RESIDENTS: \$25.00 annually**

All those wishing to use the center must register to be a member before attending activities.

#### **Locker Room & Cubbies Use:**

All items including personal belongings such as bags, shoes, coats, etc. are to be stored in the locker rooms or cubbies provided. You may bring your own lock, purchase a Combination Lock for \$3.00 or rent a Lock w/ key per visit for at least a \$5 refundable deposit.

### **Effective Monday, October 3, 2011**

The CSC will begin selling Activity Cards to Greece resident members in 3 different amounts.

**\$15.00**

**Blue Card**

**Attend 15 –Get 1 Free**

**\$30.00**

**Yellow Card**

**Attend 30 –Get 3 Free**

**\$45.00**

**Red Card**

**Attend 45 –Get 5 Free**

**Non Resident Activity Card**

**\$20.00 – Grey Card**

**Attend 15 –Get 1 Free**

**Non Residents may also  
participate using our One Time  
Non-Resident Fee of \$5.00**

### **CSC Gymnasium Rental**

(Greece residents only)

**September – May**

**Monday -Thursday 8:00 pm - 10:00 pm**

**Fee: Half Gym: \$30.00 per hour**

**Full Gym: \$40.00 per hour.**

**30 DAYS NOTICE IS REQUIRED FOR  
ALL RENTALS**

**Rental periods start and end promptly and may  
not begin earlier or end later.**

**Please call 720-2936 for more information or  
email [arobach@greecenyny.gov](mailto:arobach@greecenyny.gov)**

### **Activity Room D**

**Available for use by Greece  
community groups at no charge.**

**No special set up allowed;  
must be used as is**

**September – May**

**Monday-Thursday**

**5:00-9:00pm**

**June – August**

**Tuesdays and Thursdays**

**5:00-9:00pm**

**Occupancy 32**



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Walking Track</b> The track opens at 8:00am Monday – Saturday and closes 10 minutes before the CSC closes each day.					
Music 8-10	Music 8-12 & 6-7	Music 8-12	Music 8-10 & 6-6:50	Music 8-10 & 11-12	Music 8:00-8:50
<b>9:00-9:50</b> Low Impact Aerobics Gym Punch Card-1	<b>9:00-9:50</b> Strength & Conditioning Gym Punch Card-1	<b>9:00-9:50</b> Flex N Stretch Yoga Gym Punch Card-1	<b>9:00-9:50</b> Zumba "GOLD" Gym Punch Card-1	<b>9:00-9:50</b> Strength & Conditioning Gym Punch Card-1	<b>8:00-8:50</b> Zumba Gym Punch Card-1
<b>9:00-12:00</b> Quilting & Crafting ACT D <b>Except: 10/10</b> <b>in MPR C</b>	<b>9:00-11:30</b> Euchre MPR B	<b>9:00-11:30</b> Bocce MPR B & C	<b>9:00-10:00</b> Toddler Time MPR C <b>Ends: 10/27</b>	<b>9:00-11:30</b> Euchre MPR B	<b>9:15-10:15</b> K-2 Coed Basketball Gym <b>10/15-12/17</b>
<b>9:45-11:30 &amp; 12:30-2:45</b> Bingo ACT C <b>No Program: 10/27 &amp; 10/31</b>	<b>9:30-11:00</b> Adult Craft "Amazing Jewelry Creations" With Deborah Gerlach  <b>Date: 10/25-11/15</b> Registration Required by: 10/19  <b>Fee: \$25.00</b>	<b>9:15-11:15</b> Time Out for Women MPR A <b>Ends: 10/26</b>	<b>9:45-11:30 &amp; 12:30-2:45</b> Bingo ACT C	<b>9:00-11:30</b> Bocce MPR C	<b>10:30-11:30</b> Cartoon Corner MPR B & C <b>10/15 – 10/27</b>
<b>10:00-1:00</b> Table Tennis Gym		<b>9:00-12:00</b> Project Linus ACT D <b>Date: 10/5</b>	<b>10:30-11:30</b> Fun with Fitness Age 2-4 Gym 1-Punch <b>Ends: 10/27</b>	<b>9:00-11:30</b> Pinochle ACT D	<b>10:30-11:30</b> K-2 Soccer Gym <b>10/15-12/17</b>
<b>10:30-11:30</b> Blood Pressure MPR B <b>Date: 10/17</b>		<b>10:00-11:30</b> Open Basketball Age 2-6 Gym		<b>10:00-10:50</b> Open Play Gym	
<b>10:30-11:30</b> Open Play Gym		<b>10:30-11:30</b> Numbers & Shapes Craft <b>Ends: 10/26</b>	<b>10:00-12:00</b> Super Power Craft Art Room <b>Ends: 10/27</b>	<b>10:00-11:00</b> Open Line Dance East Gym	<b>11:45-12:45</b> K-2 Family Variation Gym <b>10/15-12/17</b>
<b>10:30-2:30</b> Halloween Party for Seniors MPR ABC <b>Date: 10/31</b>	<b>10:00-12:00</b> Scrabble ACT D			<b>11:00-12:00</b> Animal Craft Art Room <b>Ends: 10/28</b>	
<b>12:30-3:30</b> Penny Poker ACT D <b>No Program: 10/31</b>	<b>10:30-11:30</b> Mats & Crafts Gym/Art Room <b>10:30-11:00 Gym 11:00-11:30 Craft</b>	<b>10:00-11:00</b> Beginner Line Dance Punch Card-1	<b>12:30-3:30</b> Penny Poker ACT D	<b>11:30-2:30</b> "Practice Your Bridge Skills" ACT D	
				<b>11:30-2:30</b> Table Tennis West Gym	

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>12:30-4:00</b> Duplicate Bridge MPR B & C <b>Except: 10/31 in ACT C</b>	<b>11:00-12:00</b> Open Line Dance Gym	<b>11:00-12:00</b> Intermediate Line Dance Gym Punch Card-1	<b>1:00-3:00</b> Pickleball Gym	<b>11:30-2:30</b> Pickleball East Gym	
<b>1:00-2:00</b> Arthritis Exercise Gym Punch Card -1 <b>No Program: 10/31</b>	<b>12:30-2:30</b> Senior Movie "True Grit" MPR C Date: 10/11	<b>12:00-3:00</b> Table Tennis Gym  <b>1:00-2:00</b> Arthritis Exercise MPR B & C Punch Card - 1	<b>1:00-4:00</b> Euchre MPR A	<b>12:30-2:00</b> Songsters ACT C <b>Except: 10/28 in Game Room</b>	
<b>1:00-4:00</b> Euchre MPR A <b>Except: 10/31 in Sr. Lounge</b>	<b>12:30-3:00</b> Pickleball Gym  <b>12:30-4:00</b> Bridge MPR B	<b>1:00-3:00</b> Art Club ACT C  <b>1:00-4:00</b> Euchre ACT D	<b>3:30-5:30</b> Open Gym Age 5-13 <b>3:30-7:30</b> Table Tennis West Gym	<b>1:00-2:00</b> Arthritis Exercise MPR B & C Punch Card - 1	
<b>3:00-5:00</b> Open Gym Age 14 & Older	<b>6:00-6:50</b> Zumba Gym Punch Card - 1	<b>3:00-5:00</b> Open Gym Age 14 & Older	<b>6:00-7:30</b> Family Movie "Megamind" MPR C <b>Date: 10/13</b>	<b>1:00-4:00</b> Mahjonn MPR A	
<b>6:00-7:30</b> Adult Dodgeball Gym	<b>7:00-7:50</b> Family Shoot Around Gym	<b>6:00-6:50</b> 3N1 Fitness MPR B & C Punch Card - 1 <b>No Program: 10/26</b>	<b>6:00-6:50</b> Cardio Fitness East Gym Punch Card - 1	<b>2:00-4:45</b> Euchre MPR A	
<b>6:00-7:30</b> Adult Volleyball Gym	<b>7:00-7:50</b> Family Yoga 12 & Older MPR B & C Punch Card - 1 punch per Family	<b>6:00-7:30</b> Family Fun Game Night MPR B & C Gym <b>Date: 10/26</b>		<b>2:45-4:45</b> Open Gym Age 5-13	
		<b>6:00-7:30</b> Adult Basketball 21 & Older Gym <b>No Program: 10/26</b>		<b>6:00-7:30</b> Family Halloween Party CSC <b>Date: 10/28</b>	
		<b>7:00-7:50</b> Sport of the Week Gym <b>No Program: 10/26</b>			



## ADULT ACTIVITIES

Adult Basketball 21 & Older	Wednesday 6:00-7:30pm (Gym) <b>No Program: 10/26</b>
Adult Dodgeball 18 & Older	Monday 6:00-7:30pm (Gym)
Adult Volleyball 18 & Older	Monday 6:00-7:30pm (Gym)
Amazing Jewelry Creations <b>\$25.00</b>	Tuesday 9:30-11:00am (ACT C) <b>Date: 10/25-11/15</b> <b>Registration Required</b>
Art Club	Wednesday 1:00-3:00 pm (ACT C)
Blood Pressure Screening	Monday 10:30-11:30am (MPR B) <b>Date: 10/17</b>
Bocce	Wednesday & Friday 9:00-11:30am (MPR B & C)
Bridge	Tuesday & Thursday 12:30-4:00 pm (MPR B)
Bridge – Duplicate	Monday 12:30-4:00pm (MPR B & C) <b>Except 10/31 in ACT C</b>
Bridge-“Practice Your Skills”	Friday 11:30-2:30 pm (ACT D)
Euchre	Monday & Thursday 1:00-4:00pm (MPR A) <b>Except 10/31 in Sr. Lou.</b> Tuesday & Friday 9:00-11:30am (MPR B) Wednesday 1:00-4:00pm (ACT D) Friday 2:00-4:45 pm (MPR B)

### Fitness Classes - You must be age 14 or older to participate in CSC fitness classes.

Fitness – 3-N-1 Fitness	Wednesday 6:00-6:50pm (MPR B & C) <b>1-Punch</b> <b>No Program: 10/26</b>
Fitness – Aerobics Low Impact	Monday 9:00-9:50am (Gym) <b>1-Punch</b>
Fitness-Cardio/Interval Training	Thursday 6:00-6:50pm (Gym) <b>1-Punch</b>
Fitness- Family Yoga 12 years & Older	Tuesday 7:00-7:50pm (MPR B & C) <b>1-Punch per Family</b>
Fitness - Flex N Stretch Yoga	Wednesday 9:00-9:50am (Gym) <b>1-Punch</b>
Fitness - Strength & Conditioning	Tuesday & Friday 9:00-9:50am (Gym) <b>1-Punch</b>
Fitness - Zumba	Tuesday 6:00-6:50pm (Gym) <b>1-Punch</b> Saturday 8:00-8:50am (Gym)
Fitness - Zumba “GOLD”	Thursday 9:00-9:50am (Gym) <b>1-Punch</b>
Line Dance - Beginner	Wednesday 10:00am-11:00am (Gym) <b>1-Punch</b>
Line Dance - Intermediate	Wednesday 11:00am-12:00pm (Gym) <b>1-Punch</b>
Line Dance - Open	Tuesday 11:00am-12:00pm (Gym) Friday 10:00am-11:00am (Gym) Friday 1:00-4:00pm (MPR A)
Mahjonn	Monday & Thursday 12:30-3:30pm (ACT D) <b>No Program: 10/31</b>
Penny Poker	
Pickleball	Tuesday 12:30-3:00pm (Whole Gym) Thursday 1:00-3:00pm (Whole Gym) Friday 11:30-2:30pm (East Gym)
Pinochle	Friday 9:00am-11:30am (ACT D)
Quilting & Crafting	Monday 9:00am-12:00pm (ACT D) <b>Except: 10/10 in MPR C</b>
Scrabble	Tuesday 10:00am-12:00pm (ACT D)
Table Tennis (West Gym)	Monday 10:00-1:00pm (West Gym) Wednesday 12:00-3:00pm (West Gym) Thursday 3:30-7:30pm (West Gym) Friday 11:30am-2:30pm (West Gym)

## COMMUNITY ACTIVITIES

Family Halloween Party	Friday 6:00-7:30pm (CSC) <b>Date: 10/28</b>
Family Movie " <b>Megamind</b> "	Thursday 6:00-7:30pm (MPR C) <b>Date: 10/13</b>
Family Shoot Around	Tuesday 7:00-7:50pm (Gym)
Family Yoga 12 years & Older	Tuesday 7:00-7:50pm (MPR B & C) <b>1-Punch per Family</b>
Open Gym	Monday & Wednesday 3:00-5:00pm (Gym) Age 14 & Older Thursday 3:30-5:30pm (Gym) Age 5-13 Friday 2:45-4:45pm (Gym) Age 5-13
Walking Track	Monday- Thursday 8:00am-7:50pm Friday 8:00am-4:50pm <b>Except: 10/7 8:00-3:50pm</b> Saturday 8:00am – 12:50pm

## SENIOR ACTIVITIES

Arthritis Exercise <b>1-Punch</b>	Monday 1:00-2:00pm (Gym) <b>No Program: 10/31</b> Wednesday & Friday 1:00-2:00pm (MPR B & C)
Bingo	Monday & Thursday 9:45-11:30am (ACT C) <b>No Program: 10/27 &amp; 10/31</b> Monday & Thursday 12:30-2:45pm (ACT C) <b>No Program: 10/27 &amp; 10/31</b>
Caseworker-Eldersource	Monday 9:30am-12:30 pm (Conference Room-2 <sup>nd</sup> Floor) Health, Social & Financial Assistance <b>No Program: 10/3</b>
Nutrition Program	Monday – Friday 11:30-12:15pm (MPR A) <b>No Program: 10/31</b> Please reserve a meal by 10:00am at least 1 day prior.
Project Linus	Wednesday 9:00-12:00pm (ACT D) <b>Date: 10/5</b>
Senior Halloween Party	Monday 10:30-2:30pm <b>Date: 10/31 Tickets: \$7.00</b>
Senior Movie " <b>True Grit</b> "	Tuesday 12:30-2:30pm (MPR C) <b>Date: 10/11</b>
Shopping	Tuesday 10:00am-11:00pm - Greece Ridge Center: <b>10/4;</b> Walmart: <b>10/11;</b> K Mart: <b>10/18</b> & Target: <b>10/25</b> Friday 10:00-11:00am Wegmans
Songsters	Friday 12:30-2:00pm (ACT C) <b>Except: 10/28 in Game Room</b> <b>Outside Performance 10/7, 10/14 &amp; 10/28</b>

## YOUTH & FAMILY ACTIVITIES

Craft: Animal	Friday 11:00-12:00pm (Art Room) <b>Ends: 10/28</b>
Craft: Numbers & Shapes	Wednesday 10:30-11:30am (Art Room) <b>Ends: 10/26</b>
Craft: Super Power	Thursday 10:00-12:00pm (Art Room) <b>Ends: 10/27</b>
Family Fun Game Night	Wednesday 6:00-7:30pm (MPR B & C / Gym) <b>Date: 10/26</b>
Fun with Fitness Age 2-4 <b>1-Punch</b>	Thursday 10:30-11:30am (Gym) <b>Ends: 10/27</b>
K-2 Coed Basketball K-2 Coed Soccer K-2 Coed Family Variation <b>Limit 30 Each Program</b>	Saturday 9:15-10:15am (Gym) <b>Date: 10/15- 12/17</b> Saturday 10:30-11:30am (Gym) <b>Date: 10/15- 12/17</b> Saturday 11:45-12:45am (Gym) <b>Date: 10/15- 12/17</b>
Mats & Crafts Age 2-6	Tuesday 10:30-11:30am (Gym & Art Room)
Open Basketball Age 2-6	Wednesday 10:00-11:30pm (Gym)
Open Play Age 2-6	Monday 10:30-11:30am (Gym) Friday 10:00-10:50am (Gym)
Sport of the Week Age 8-12	Wednesday 6:00-7:30pm (Gym)
Toddler Time Age Under 2	Tuesday 10:00-11:00am (Gym & Art Room) Thursday 9:00-10:00am (MPR C) <b>Ends: 10/27</b>

## Halloween Party for Seniors



Monday, October 31

10:30-2:30pm



Entertainment By: "Rawhide"

Tickets: \$7.00

Members may purchase tickets at the CSC through Friday, October 21<sup>st</sup>, and will be limited to 256.

Non-Greece resident members may purchase

(2) tickets starting 10/3/11

NO REFUNDS

Guests are encouraged to come dressed in costume for a costume contest.

## Thanksgiving Party for Seniors



Wednesday, November 16

10:30-2:30pm



Entertainment By: "Johnny Matt"

Tickets: \$7.00

Tickets may be purchased at the CSC through Friday, November 8, and will be limited to 256.

Greece residents members may purchase

(2) tickets starting 10/3/11

Non-Greece resident members may purchase

(2) tickets starting 10/17/11

NO REFUNDS

STARTING

SATURDAY, OCTOBER 1, 2011

Zumba

8:00-8:50AM



## Cartoon Corner

Cartoons Crafts & More...



Saturday

10:30-11:30am



October 15 – December 17

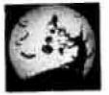
No Program 11/12 & 11/26

No Fee – CSC Members Only

## Family Halloween Party



Friday



October 28

6:00-7:30pm

No Fee – Greece Residents only

## "Amazing Jewelry Creations"

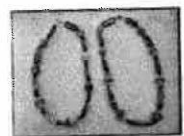
with Deborah Gerlach

Tuesday

October 25-November 15

9:30-11:00am

Fee: \$25.00



Community & Senior Center MEMBERS may register at the CSC or Online [www.greecenyny.gov](http://www.greecenyny.gov)

Registration Ends: Wednesday, October 19

This class must have a minimum of 12 participants and it is limited to 15 participants.





## Senior Council News

*The Senior Council has resumed meeting after a summer hiatus and expresses their sincere appreciation for everyone's support for the "Fall Into Fashion Show."*

The Greece CSC would like to welcome "Project Linus" a group of volunteers that make blankets for children at Unity Hospital.

Project Linus will meet in Activity Room D from 9:00am-12:00pm on the first Wednesday of every month. The first meeting is Wednesday, October 5, 2011

Project Linus is looking forward to having CSC members join them. If you are interested in becoming a volunteer, please join us on Wednesday, October 5, 2011 or Wednesday, November 2, 2011.

"Become a "Blanketeer" and provide security through blankets!"



**[www.standtogether.tv](http://www.standtogether.tv)**

Tracy Zoellick, CSC Coordinator participated in ABC's Extreme Makeover: Home Edition September 15-18 for a family who suffered a tragedy due to bullying. Tracy participated by providing information to people during the taping of the show regarding bullying, its impact, prevention and intervention. Tracy has asked that all of us learn more about bullying by visiting the site below. The goal is for a million people to visit the site and become more informed about this issue.

Stand Together was formed to create a community of people dedicated to taking action against bullying. Sirdeaner Walker a leading advocate on this issue is all too familiar with bullying and the impact it can have on a child's life. She lost her 11-year old son, Carl Joseph Walker Hoover to suicide from bullying in April 2009.

Our goal is to reach a million people by the time the show airs in December 2011. Stand Together against bullying with Sirdeaner Walker and Tracy Zoellick at [www.standtogether.tv](http://www.standtogether.tv)

Together we can make a difference!





# Nutrition Program – October 2011

**Serving Time: 11:30am-12:15pm**

**Menu items subject to change**



Suggested contribution of: \$2.50 for persons 60 and over and their spouses.  
Lunch cost \$4.00 for anyone under the age of 60.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>October 3</b> ■ Macaroni & Cheese ■ Stewed Tomatoes ■ Green Beans ■ 12 Grain Bread ■ Fresh Orange	<b>October 4</b> ■ Seafood Salad ■ Grape Juice ■ Tomato Florentine Soup ■ Shredded Lettuce Tomato Slices ■ Wheat Bread ■ Fresh Apple	<b>October 5</b> ■ Sweet & Sour Pork Loin ■ Brown Rice ■ Oriental Blend Vegetables ■ Carrots ■ Dinner roll ■ Honey Dew	<b>October 6</b> ■ Chicken Breast Sandwich ■ Orange Juice ■ Yankee Bean Soup ■ Romaine Spinach Salad ■ Dinner Roll ■ Gingerbread Cupcake w/ Whipped Topping	<b>October 7</b> ■ Stuffed Cabbage w/ Sauce ■ Mashed Potatoes ■ Scandinavian Blend Vegetables ■ Rye Bread ■ Peaches
<b>October 10</b> ■ Cheese Flameburger ■ Shredded Lettuce ■ Tomato Slice ■ Apple Juice ■ Vegetable Soup ■ Wheat Hamburger Roll ■ Pears	<b>October 11</b> ■ Eggplant Roll Up w/ Sauce ■ Broccoli ■ Wax Beans ■ Italian Bread ■ Petite Banana	<b>October 12</b> ■ Turkey Sandwich ■ Grape Juice ■ Mexican Bean Soup ■ Shredded Lettuce ■ Tomato Slices ■ 12 Grain Bread ■ Fruit Cocktail	<b>October 13</b> ■ Spanish Rice / Ground Beef ■ Brussels Sprouts ■ Spinach ■ Rye Bread ■ Apricots	<b>October 14</b> ■ Chicken Salad ■ Shredded Lettuce ■ Tomato Slice ■ Orange Juice ■ Beef Barley Soup ■ Wheat Bread ■ Fresh Apple
<b>October 17</b> ■ Meat Lasagna ■ Tossed Lettuce Salad ■ Spinach ■ Italian Bread ■ Fresh Orange	<b>October 18</b> ■ Sloppy Joes ■ Grape Juice ■ Chicken Vegetable Soup ■ Corn ■ Wheat Hamburger Roll ■ Pears	<b>October 19</b> ■ BBQ Chicken 1/4 ■ Coleslaw ■ Baked Beans ■ Corn Muffin ■ Peaches	<b>October 20</b> ■ Tuna Salad ■ Orange Juice ■ Cream of Tomato Soup ■ Shredded Lettuce ■ Tomato Slices ■ 12 Grain Bread ■ Petite Banana	<b>October 21</b> ■ Knockwurst ■ Sauerkraut ■ Grape Juice ■ German Potato Salad ■ Green Beans ■ Wheat Hot Dog Roll ■ Applesauce
<b>October 24</b> ■ Char Grilled Chicken Breast Salad ■ Orange Juice ■ Heart Healthy Pasta Vegetable Soup ■ Shredded Lettuce ■ Tomato Slices ■ Wheat Hamburger Roll ■ Lemon Pudding	<b>October 25</b> ■ Macaroni & Cheese ■ Stewed Tomatoes ■ Green Beans ■ Wheat Bread ■ Mandarin Orange	<b>October 26</b> ■ Stuffed Pepper / Sauce ■ Potato Leek Soup ■ Mixed Vegetables ■ Wheat Roll ■ Petite Banana	<b>October 27</b> ■ Swiss Steak w/ Sauce ■ Mashed Potatoes ■ Scandinavian Blend Vegetables ■ Rye Bread ■ Pears	<b>October 28</b> ■ Rosemary Oven Browned Chicken ¼ ■ Minestrone ■ Club Spinach ■ 12 Grain Bread ■ Fresh Orange
<b>October 31</b> <b>NO LUNCH SERVED TODAY</b>	<b>RESERVATION PROCEDURE</b> <ul style="list-style-type: none"> <li>You are now allowed to reserve your meal <u>2 weeks</u> in advance.</li> <li>The <u>latest</u> you can make your meal reservation is 10:00am the day before the meal is served.</li> <li>All meal cancellations <u>must</u> be made by 10:00am the day before the meal is served.</li> </ul> <p>Reservations must be made at the front desk or by calling 723-2425.</p>			

**Medical Motors Transportation-** Daily transportation to the center for seniors 55 and older is provided through Medical Motors for Greece residents for the Nutrition Program and Activities. There is a suggested donation of \$2.00. Pick-ups are between 8:00-9:00am, Mon-Fri. Returns are 12:15-2:45pm on Mon & Thurs, and 12:15-2:00pm on Tues, Wed & Fri. Every Tuesday there is a Special Shopping Trip and on Fridays a shopping trip to Wegmans. You must call 723-2425 at least 24 hours in advance to sign up for transportation. **PLEASE call 654-7030 before 8:00 am if you need to cancel on THE DAY you are scheduled to be picked up.**

**Make A Difference Day**



# **22<sup>nd</sup> Annual Make a Difference Day**

**“National Day of Doing Good”**



## **Saturday**

## **October 22, 2011**



### **Mitten Tree & Food Drive**

We will be collecting mittens and food for the month of October to benefit the Greece Food Shelf, the Greece Clothing Closet, Mission Share and the Hilton / Parma Food Shelf.



### **October 17-21**



For any program that uses an Activity Card you can bring in a donation instead of having your card punched.

**Donations will be delivered on Saturday, Oct. 22<sup>nd</sup>**